

ENGLISH LINE:



+7 915 192 1044 Veronika



+34 626 306 607 Ekaterina



ADDRESS:



Sukharevskaya or



Prospect Mira

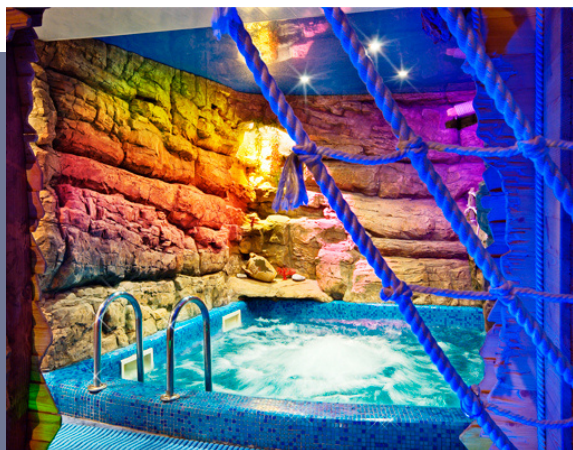
Shchepkina street 9, building 1, Moscow



DEAR GUESTS!

Our SPA-complex "Nirvana SPA" provides wellness services dedicated to your well being. Our team of professionals will provide you with the highest quality services. We offer **three separate recreation areas** - each with unique design including sauna and hamam.

“SHIP”



- relaxation area with a design of a sunken ship
- sauna including various equipment
- 2 resting rooms
- warm swimming pool
- ice bath
- karaoke
- american billiard
- TV, music center, wi-fi

PRICE FOR 1 HOUR:

10.00-14.00 **2200.00 rubs**

14.00-23.00 **2500.00 rubs**

23.00-10.00 **2700.00 rubs**

***During the busy season from 15.12 to 31.12 every year the tariffs are increased.**

“TROPICS”



- relaxation area with a tropical hut design
- sauna including various equipment
- resting room
- warm swimming pool
- ice bath
- karaoke
- russian billiard
- TV, music center
- wi-fi

PRICE FOR 1 HOUR:

10.00-14.00	2200.00 rubs
14.00-23.00	2500.00 rubs
23.00-10.00	2700.00 rubs

***During the busy season from 15.12 to 31.12 every year the tariffs are increased.**

“EGYPT”



- turkish hammam
- lounge zone
- jacuzzi
- resting area for 3-4 people
- wi-fi
- TV, music center

PRICE FOR 1 HOUR:

10.00-23.00	1900.00 rubs
23.00-10.00	2100.00 rubs

***During the busy season from 15.12 to 31.12 every year the tariffs are increased.**

BOOKING CONDITIONS

- Minimum order - 2 hours
- The office spa and massages opens daily from **11.00 to 22.45**, except Sunday. All programs are carried out by a specialist from Thailand.
- If guests use their own brooms for steaming in the sauna, an amount of **300 rubs** will be charged for the cleaning services.
- In our complex you can order european cuisine and drinks. If guests bring their own food, an amount of **200 rubs** per person will be charged.
- Our spa-complex presents every **7-th hour for free** when ordering one of relaxation areas.
- We would like to celebrate your birthday, our gift- 1 hour of any massage for free.
- **For an additional payment:**
 - disposable slippers - 100 rubs
 - rent of sheets - 50 rubs
 - rent of terry towel - 100 rubs
 - rent of bathrobe - 250 rubs
 - shower gel- 250 ml/300 rubs
 - oak broom - 400 rubs
 - eucalyptus broom - 270 rubs
 - infusion of mint or eucalyptus - 100 rubs.

SPA SALON MESSAGES

Special gift from our spa-complex -
30 minutes of any massage free, if you
book a massage for 1 hour (1h = 1.5h)

1. Oil massage - 1h/ 3000 rubs., 1.5h/ 4500 rubs,
2h/ 6000 rubs.
2. Thai massage - 1h / 3000 rubs, 1.5h / 4500 rubs,
2h/ 6000 rubs.
3. Foot massage- 30 min / 1700 rubs, 1h/ 2400 rubs.
4. Oil massage + foot massage- 1.5h / 4500 rubs.
5. Oil massage with herbal bags-1.5h/ 4700 rubs.
6. "Slim-massage"-30 mins/2500 rubs, 1h/4000 rubs
7. Royal massage - 3h / 8000 rubs.
8. Massage of the neck and legs - 1h / 2800 rubs.
9. Neck and head massage - 45 min / 2200 rubs.
10. Back massage - 30 min/1700 rubs.
11. Massage of the face and head - 30 min / 1700 rubs
12. Foam massage - 45 min / 3000 rubs
(When booking the area "Egypt" - 30 min/ 2200 rubs)
13. Soaring with an oak broom - 2000 rubs / 1 time
14. Body scrub + massage - 1.5 h / 4200 rubs
15. Body scrub + mask + massage- 2h/ 6500 rubs